

breakfast

cereal & yoghurt

94% fat free

sonoma wood roasted muesli served with low fat yoghurt and honey	6.90
yoghurt with mixed berries	5.50
yoghurt with a sprinkle of museli	5.50

bakery

homemade muffins	3.50
plain or chocolate croissant	3.60
assorted danish or snail	3.60

free range eggs

scrambled eggs & toast	9.90
scrambled eggs with roast tomato double smoked bacon & toast	11.90
scrambled eggs with roast tomato smoked salmon & toast	13.50
big breakfast scrambled eggs, double smoked bacon, tomato, spinach & italian sausage	14.90

a bit on the side

italian sausage	3.00
smoked salmon	3.60
double smoked bacon	2.00
avocado	3.00
roast tomato	1.50
double smoked leg ham	2.50

toasted melts 'n' things

available on a croissant, white, brown or turkish

premium leg ham and cheddar	7.90
premium leg ham, cheddar and tomato	8.90
tomato & cheddar	6.90
avocado & tomato	7.90
grilled bacon, tomato & cream cheese	8.90
classic brekkie roll double smoked bacon, scrambled eggs with bbq sauce on a seeded bun	7.90

toast

organic sour dough spelt fruit bread	4.90
chunky raisin toast	3.90
low gi organic sour dough spelt	4.90
poppy seed or blueberry bagel	3.90
fabulous banana bread	4.50
toasted white, brown or turkish bread	3.90

all served with your choice of spreads

triple berry jam, honey, marmalade,
vegemite, peanut butter, ricotta
or low fat cream cheese

MENU



soup

a selection of nutritious soups made fresh daily
served with a crusty bread roll 8.90

very healthy salads

classic caesar

with all the traditional ingredients
baby cos, rindless eye bacon, croutons,
reggiano parmesan and caesar dressing 13.90

chicken caesar

caesar with warm roast chicken breast 14.90

very healthy tuna

bocconcini, avocado, cherry tomato, red onion
cucumber, freshly grated beetroot, carrot
and a light vinaigrette 14.90

smoked salmon

avocado, cherry tomato, cucumber, lettuce & a
light vinaigrette served with a cream cheese crouton 15.90

vietnamese chilli chicken

sweet soy chilli chicken breast, cherry tomato,
cucumber, carrot, fresh coriander, lettuce,
rice noodles, peanuts & chilli sesame dressing 15.90

veggie salad

bocconcini, avocado, cherry tomato, red onion
cucumber, freshly grated beetroot, carrot
and a light vinaigrette 13.90

about our menu

our chicken is chemical free, antibiotic free
and steroid free
some dishes may contain traces of nuts
all sandwiches are available takeaway

all sandwiches available on low gi organic sourdough
extra 1.00

classic sandwiches

chrysler chilli chicken roll

chicken breast with sweet soy & chilli, tomato, lettuce
cucumber, carrot, fresh coriander & mayo 11.90

italian sausage sanger

tomato basil relish, caramelised onions & rocket
on a soft vienna roll 11.90

classic house tuna mix

avocado, tomato, lettuce, cucumber,
freshly grated beetroot, carrot & mayo
served on fresh vienna - white or brown 10.90

double smoked leg ham

bocconcini, balsamic tomatoes, rocket & mayo
served on fresh vienna - white or brown 11.90

veggie delight

bocconcini, balsamic tomatoes, avocado,
lettuce, cucumber, spanish onion,
freshly grated beetroot, carrot & mayo
served on fresh vienna - white or brown 10.90

smoked salmon

avocado, lettuce, cream cheese and dill
served on fresh vienna - white or brown 13.90

homestyle chicken

lemon herb marinated chicken breast,
avocado, lettuce and homemade mayo
served on fresh vienna - white or brown 11.90

blt

rindless eye bacon, avocado, lettuce, tomato,
parmesan and homemade mayo
served on fresh vienna - white or brown 11.90

club sandwich

rindless eye bacon, roast chicken breast,
lettuce, tomato and homemade mayo
served on fresh vienna - white or brown 13.90

MENU



weekend

breakfast

served all day

breakfast roll

scrambled eggs and bacon with bbq sauce 7.90

eggs

big brekkie - scrambled eggs, bacon, tomato, italian sausage, spinach & toast 14.90

scrambled eggs with roast tomato & toast 9.90

scrambled eggs, roast tomato, bacon & toast 11.90

scrambled eggs, smoked salmon & toast 13.50

cereal and yoghurt 94% fat free

woodroasted museli with yoghurt & honey 6.90

low fat yoghurt with mixed berries 5.50

lowfat yoghurt with a sprinkle of museli 5.50

fabulous banana bread 4.50

selection of toasts and bagels

white or brown vienna 3.90

thick raisin toast 3.90

turkish 3.90

poppyseed or blueberry bagel 3.90

low gi organic sour dough spelt 4.90

organic sourdough spelt fruit bread 4.90

spreads - jam, honey, vegemite, peanut butter

low fat cream cheese, ricotta

salads

classic caesar

with all the traditional ingredients
baby cos, rindless eye bacon, croutons,
reggianno parmesan and caesar dressing 13.90

chicken caesar

classic caesar ingredients above 14.90
with warm roasted chicken breast

classic sandwiches

all served on white or brown

double smoked leg ham

with bocconcini, tomato, rocket & mayo 11.90

classic house tuna mix

with tomato, lettuce and mayo 11.90

smoked salmon

avocado, lettuce, cream cheese and dill 13.90

home-style chicken

lemon herb marinated chicken breast,
avocado, lettuce and homemade mayo 11.90

blt

rindless eye bacon, avocado, lettuce, tomato,
parmesan and homemade mayo 11.90

simple sandwiches

available on white, brown, croissant or turkish

double smoked ham & cheddar 7.90

double smoked ham, cheddar & tomato 8.90

tomato & cheddar 6.90

fresh avocado & tomato 7.90

classic grilled cheese 4.90

all sandwiches available on low gi organic sourdough

extra 1.00

sweets

homemade muffins 3.50

97% fat free muffins 4.20

assorted cupcakes 3.60

assorted mini cheesecakes 3.60

portugese custard tart 3.60

wicked chocolate brownie 3.60

friands - almond, raspberry or blueberry 3.60

croissant, snail danish 3.60

cookies 3.30

gluten free cookies 3.30

table service only - no takeaway to be consumed at tables. 10% surcharge applies to weekends and public hols.

big brekkie - scrambled eggs, bacon, sausage,

MENU



beverages

espresso coffee

short black, macchiato	3.00
cappuccino	3.70
flat white	3.70
café latte	3.70
long black	3.70
mocha	3.70
hot chocolate	3.70
freshly ground organic decaff	4.00

chrysler specialties

white chocolate mocha	4.40
crème caramel latte	4.40
hot banana chocolate	4.40
power chai	3.70

create your own specialty

using an combination of the following
da vinci flavours: banana, white chocolate
caramel, vanilla or hazelnut

	add 0.70
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milkshakes

banana, strawberry, caramel, chocolate	5.00
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pot of tea

organic english breakfast, earl grey	3.70
organic peppermint, camomile	3.70
echinacea with lemongrass & ginger	4.90
japanese lime green tea	4.20

iced drinks

coffee, caramel, chocolate, mocha	4.80
iced tea	4.80

juices

freshly squeezed parkers organic orange	5.00
parkers organic 250ml juices - bloodorange, apple, raspberry & apple, peach & mango, passionfruit & orange	3.00 4.50

waters

san pellegrino sparkling water	sm 3.50 med 4.50 lge 5.80
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mt franklin still water	3.70
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soft drinks

chinotto, limonata, aranciata	3.80
coke, diet coke, lift, sprite	3.70
V , sugar freee V	4.20

wine & beer

sparkling wine

	glass	bottle
hardys sparkling brut SA	5.50	22.00

white wine

hardy's semillon chardonnary SA	5.50	22.00
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red wine

hardy's merlot SA	5.50	22.00
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beers

hahn premium lite	4.50
hahn premium	6.00
stella artois	6.50
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sweet treats

homemade muffins	3.50
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97% fat free bran muffins	4.50
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assorted cupcakes	3.70
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assorted mini cheesecakes	3.70
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portuguese custard tart	3.70
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wicked chocolate brownie	3.70
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friand	3.70
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croissant, snail, or danish	3.70
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cookies	3.50
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gluten free biscuits	3.50
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